



## Early Childhood

**Early Childhood** solutions lay the foundation for strong families. These voluntary programs empower families to prepare for their futures.

These programs focus on helping parents create safe, stable, healthy homes for their children, and we also work hand-in-hand with parents to help their kids reach key developmental, social and emotional milestones.

Our early childhood initiatives also encourage parents to set – and achieve – their own goals so they can continue to provide for their families.

Some of the services and supports include:

- Tips and coaches focused on health and safety
- Over-the-phone support for expecting parents and those with newborns
- In-home coaching and education
- Connections to other specialists, including therapists and nurses

CHS' primary early childhood solutions include:

- Healthy Families
- Healthy Start
- Early Head Start
- Early Steps
- Perinatal

. All Early childhood programs are free, supportive resources for parents.